

How to Measure Bulwark Clothing

For a Correct Fit:

- Please refer to size charts.
- Measurements refer to body and not garment measurements.
- Bulwark® garments have a slightly oversized fit for added comfort and protection.
- Always confirm a proper fit prior to the first wash - we are unable to accept washed garment returns.
- Women's sizes and fit available in indicated shirts, pants and coveralls.
- If you need assistance, call our Customer Care Experts: 1-800-879-3879, ask for a Marudas Uniforms Representative.

1. Height: Stand straight against a wall without your shoes. Make a mark level with the top of your head. Measure from this point down to the floor.

2. Neck: Measure around the base of the neck where a collared shirt would fit, or measure a collarband on a shirt that fits you well. Lay the collarband flat. Measure from the beginning of the button hole to the center of the button.

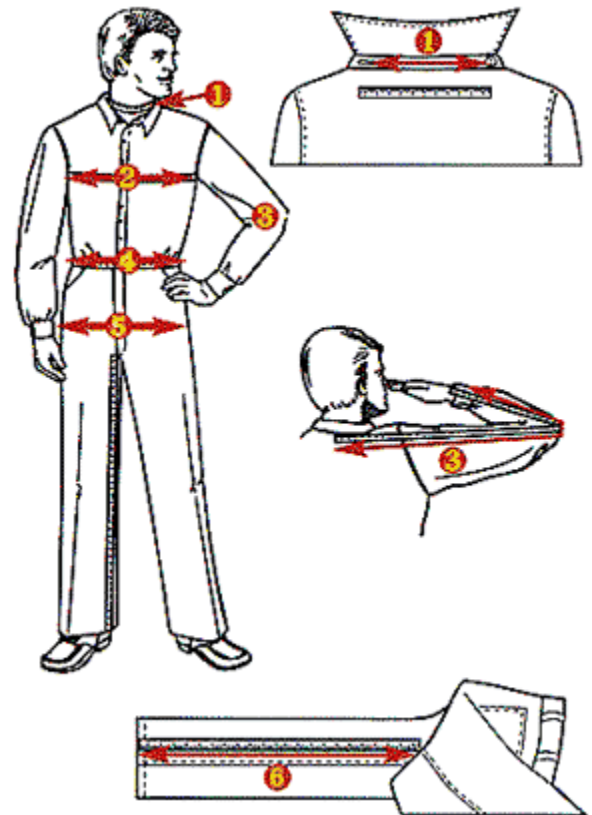
3. Chest: Measure well up under your arms, across your shoulder blades and over the fullest part of your chest. Hold the tape firmly, but not tightly. Be sure the tape is level and straight across your back. Stand naturally.

4. Sleeve: Bend the elbow slightly. Start at the center back of the neck and measure across the shoulder to the elbow and down to the wrist bone.

5. Waist: First, remove your belt. Then, measure over shirt (not over pants) at the position you normally wear your pants. Hold the tape firmly, but not tightly.

6. Hips: Stand with your heels together. Measure around the fullest part of the hips, holding tape measure level.

7. Inseam: Use similar style pants that fit you well. Lay them flat, with the front and back creases smooth. Measure along the inside seam of one leg from the bottom of hem to the crotch.



PLEASE NOTE:

Sizes are based on actual body measurements in inches. Stock sizes may vary by color/item. Some pre-hemmed sizes may not be available at all locations and are subject to a hemming charge. Check the order/return policies.



Size Charts

Men 's Relaxed Fit Dress Uniform Shirt								
Alpha Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest	34-36	38-40	42-44	46-48	50-52	50-52	58-60	62-64
Neck	14-14½	15-15½	16-16½	17-17½	18-18½	19-19½	20-20½	21-21½
SH Sleeve Length	32¼	32½	32¾	33¼	33¾	33¾	34	34
RG Sleeve Length	33½	34	34½	35	35½	35½	35½	35½
LN Sleeve Length	36	36	36½	36½	36½	36½	36½	36½

Men 's Dress Uniform & Deluxe Shirt								
Alpha Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest	34-36	38-40	42-44	46-48	50-52	50-52	58-60	62-64
Neck	14-14½	15-15½	16-16½	17-17½	18-18½	19-19½	20-20½	21-21½
SH Sleeve Length	32	32½	33	33½	34	34	34	34
RG Sleeve Length	33	33½	34	34½	35	35	35	35
LN Sleeve Length	35½	35½	36	36	36	36	36	36

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Men's Work Shirt								
Alpha Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest	34-36	38-40	42-44	46-48	49-51	52-54	55-57	58-60
Neck	14-14½	15-15½	16-16½	17-17½	18-18½	19-19½	20-20½	21-21½
SH Sleeve Length	32	32½	33	33½	34	34	34	34
RG Sleeve Length	33	33½	34	34½	35	35	35	35
LN Sleeve Length	35½	35½	36	36	36	36	36	36

EXCEL FR T-Shirts								
Alpha Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest	37-38	39-40	41-42	43-44	45-46	47-48	49-50	51-52

Other Knit Shirts & Fleece Shirts								
Alpha Size	XS	S	M	L	XL	2XL	3XL	
Chest	33-35	36-38	39-41	43-45	47½-49½	52-54	56½-58½	

Lab Coats & Work Coats								
Alpha Size	XS	S	M	L	XL	2XL	3XL	
Chest	32-34	36-38	40-42	44-46	48-50	52-54	56-58	

Zip In/Zip Out Jackets & Liners								
Alpha Size	XS	S	M	L	XL	2XL	3XL	
Numeric Size	33-34	36-38	40-42	44-46	48-50	42-54	56-58	
Actual Cut Size	34	38	42	46	50	54	58	

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Women's Pants													
Numeric Size	4	6	8	10	12	14	16	18	20	22	24	26	28
Waist	24	25	26	27	28½	30	31½	33½	35½	37½	39½	41½	43½
Actual Cut Size	34	35	36	37	38½	40	41½	43½	45½	47½	49½	51½	53½

Women's Dress Uniform & Work Shirts													
Alpha Size	XS	S		M		L		XL		2XL		3XL	
Numeric Size	4	6	8	10	12	14	16	18	20	22	24	26	28
Bust	32½-33	33½-34	34½-35	35½-36	36½-37	38-39	39½-40½	41½-42½	43½-44½	45½-46½	47½-48½	49½-50½	51½-52½
Waist	24-24½	25-25½	26-26½	27-28	28½-29½	30-31	31½-32½	33-34½	35-36½	37-38½	39-40½	41-42½	43-44½

Women's Deluxe Shirts						
Size	XXS/4	XS/6	S/8-10	M/12-14	L/16-18	XL/20-22
Bust	28	30	32-34	36-38	39-40	42-44

PANT SIZE CHART A (specify waist & inseam)												
Waist	28	30	32	34	36	38	40	42	44	46	48	50
37UNF	X	X	X	X	X	X	X	X	X	X	X	X

PANT SIZE CHART B (specify waist & inseam)															
Waist	28	29	30	31	32	33	34	36	38	40	42	44	46	48	50
36UNF	X	X								X	X	X	X	X	X
37UNF			X	X	X	X	X	X	X						

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PANT SIZE CHART C (specify waist & inseam)																
Waist	28	29	30	31	32	33	34	36	38	40	42	44	46	48	50	52
	30					X		X	X	X	X					
	31							X	X	X						
	32					X		X	X	X						
	33							X	X	X						
	34					X		X	X	X						
36UNF	X	X							X	X	X	X	X	X	X	
37UNF			X	X	X	X	X	X	X							

PANT SIZE CHART D												
	4	6	8	10	12	14	16	18	20	22	24	
34UNF	X	X	X	X	X	X	X	X	X	X	X	

PANT SIZE CHART E (specify waist & inseam)										
Waist	28	30	32	34	36	38	40	42	44	
37UNF	X	X	X	X	X	X	X	X	X	

PANT SIZE CHART F (specify waist & inseam)															
Waist	28	29	30	31	32	33	34	36	38	40	42	44	46	48	50
37UNF	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

PANT SIZE CHART G (specify waist & inseam)										
Waist	28	30	32	34	36	38	40	42	44	
36UNF	X						X	X	X	
37UNF		X	X	X	X	X	X			

PANT SIZE CHART H (specify waist & inseam)															
Waist	28	29	30	31	32	33	34	36	38	40	42	44	46	48	50
37UNF	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Insulated Bib Overalls, Unlined Jackets, Parkas, Bombers, Jacket Liners					
Your Coverall Fit & Chest Size	36	38-40	42-44	46-48	50
Your Outerwear Alpha Size	S	M	L	XL	2XL

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Men's Deluxe Coveralls (even sizes)													
Sizes	34	36	38	40	42	44	46	48	50	52	54	56	58
	Short (5'2"- 5'7") 27" inseam			Regular (5'8"- 6') 28½" inseam			Long (6'1"- 6'2") 30" inseam			X-Long (6'3"- 6'4") 31½" inseam			

Men's Unlined Coveralls & Bib overalls						
Alpha Sizes	XS	S	M	L	XL	2XL
Chest	34	36-38	40-42	44-46	48-50	52-54
	Short = 27" inseam		Regular = 30" inseam		Long = 32" inseam	

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